

# APM Project Management Qualification (PMQ)

Developing your future project managers for tomorrow

## Qualification overview

The APM Project Management Qualification (PMQ) is a knowledge-based qualification developed by the Association for Project Management that allows candidates to demonstrate understanding of all elements of project management and how these elements interact and fit into their strategic and commercial environment.

### Who is this qualification for?

The APM Project Management Qualification is aimed at those wishing to achieve a broad level of project management knowledge enough to participate in projects from individual assignments to large capital projects.

It is designed to improve the skills of the project management staff to enable them, through good project management practice, to make sound business decisions and thereby helping all projects to succeed.

### Flexible learning options

Provek offer a variety of training options providing flexibility to work around work and personal commitments.

Delegates can study online via Provek's award-winning PM Channel, attend our two-day exam preparation workshop following a training course (or online study), or attend one of our public training courses.

Corporate courses also have the option of our three + three day modular training, delivered over six to twelve weeks.

### Pre-requisites

- Good project management basic skills or attendance on the APM PFQ course plus ideally a minimum of six months actual experience of working on a project.
- Delegates also take Provek's free online PMA Lite assessment to help assess readiness and suitability.

"...It is the best course I've been on. Having been with Southern Water for 13 years, it is also the best investment I think Southern Water has ever made. Long may the association between Southern Water and Provek continue."

APM PMQ course delegate,  
Southern Water

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Raise your project management to the next  
level

## Learning outcomes

Delegates will better understand:

- Structure of organisations and projects.
- Project lifecycles.
- Contexts and environments in which projects can be delivered.
- Governance of project management and the use of structured methodologies.
- Communication within project management.
- The principles of leadership and teamwork.
- Planning for success.
- Project scope management.
- Schedule and resource management.
- Project procurement.
- Project risk management and issue management.
- Project quality management.
- PMQ examination requirements and preparation tips and guidance.

## Course contents

The course is presented in 11 learning outcomes comprising of:

- Summary slides.
- Short exercises.
- A summary narrative.
- Practice examination questions.
- Example examination answers.

For classroom/virtual courses, each delegate will have practice questions marked each day with feedback and will receive:

- Pre-course study workbook.
- The Provek PMQ handbook.
- Six months free access to PM Channel.
- PMQ syllabus, exam tips and techniques.
- Planning 10 from 16 questions approach.
- PMQ sample paper with full set of answers.

## PMQ 4.5-day

Virtual (4.5 days) / face-to-face (5 days with exam on final day)

Available to public and corporate cohorts.  
4 days of training followed by half-day exam prep workshop.

## PMQ 3+3 day modular

Virtual or face-to-face.

Available to corporate cohort only.  
3-day + 3-day format, delivered over 6-12 weeks.  
20 hours pre-course study required.

## 2-day exam prep workshop

Virtual or face-to-face.

Public and corporate cohorts.

2 days of dedicated PMQ exam preparation.  
PMQ training (online or classroom) must have been previously completed.

## Online via PM Channel

1 year subscription to PM Channel.  
PMQ study book (pdf) and podcasts included.  
Estimated 45-60 hours of study.  
Exam taken when ready.